

Dear VDAART Participant:

First, we wish to thank you for participating in the important VDAART study for the past 7 years. In January 2016, the Journal of the American Medical Association (JAMA) published the results of VDAART. We reported a 20% reduction in asthma or recurrent wheezing symptoms in the 3-year old children who were born to the mothers who were taking the vitamin D pill, which contained 4,000 international units of vitamin D, compared to the children born to mothers who were taking the placebo pill, which contained an inert substance that did not have any vitamin D. In addition, we did not find any bad effects either in the mother or the child of taking the vitamin D pills during pregnancy. At this point, we would like you to know that you were assigned to the following:

\_\_\_\_vitamin D pill

\_\_\_\_placebo pill

As a result of this study, we are now performing additional analyses to see if we can identify groups of mothers or children whom the vitamin D supplements helped more than others. We are also going to determine whether the effects we saw at age 3 continue when the children become 6 years old.

We hope that you have found participating in VDAART rewarding. The medical community is interested in VDAART's goal to understand better the role of vitamin D in the development of asthma and other allergic disorders. As such, we are proposing to extend VDAART for another 5 years until your child is 11 years of age. We hope that you will consider continuing to participate. Please let us know if you have any questions related to the results of the study.

Sincerely,